

**2021-2022**  
**ALLENDALE PHYSICAL EDUCATION**

Dear Parents,

This letter is to explain the rules and expectations for  
**PHYSICAL EDUCATION CLASS**

On days where your child has Physical Education class, it is requested that students wear comfortable/athletic clothes and SNEAKERS only. Slip-on sneakers, elevated sneakers or water shoes/hiking boots are not safe for the children to wear in the gymnasium and are not permitted. Students will not have access to the locker rooms. Therefore it is required that students wear comfortable clothing that will not restrict their movement and allow them to participate fully in a safe and healthy manner during PE.

**BEHAVIORAL EXPECTATIONS**

It is expected that students will demonstrate good sportsmanship, be polite, and participate in any activities within the rules and guidelines of said activity.

It is expected that students will be courteous and cooperative towards teachers and other classmates.

It is expected that students will refrain from yelling and being disruptive, and are expected to keep their hands to themselves in alignment with the daily activities.

Students are not permitted to purposely slide across the gym floor, make contact with the walls or bleachers, or engage in 'tag' or horseplay. Shouting, taunting, pushing, shoving, or other forms of poor sportsmanship are unacceptable.

**Consequences for the above or related actions shall be as follows:**

**1<sup>st</sup> offense:** Verbal warning from PE teacher.

**2<sup>nd</sup> Offense:** Behavioral slip sent home and signed by parent, parent may also be contacted by PE teacher for minor recurring offenses.

**3<sup>rd</sup> and each subsequent offense:** Referred to administration and/or social worker for reflection and counseling. Parent may also be contacted.

Physical Education Staff

**(OVER)**